

THE SOULGATHERING Exclusive

October 11 – October 14 2018
The Feminine Leader on Fire
The Age of Self Empowerment for Women

Day One :: Thursday 11.10.2018

2.00 pm – Arrival

Introduce yourself - present yourself
Intention setting

4.00 pm

What want to be born - Durga

Women give birth to what they want to create , they plant a seed and grow it . Men project a project , think big like a circus tent and invite people in. Women plant a seed, grow it carefully , water it and nourish it and let it grow. That's the concept of resilience. We believes in being a fierce mama for what we love and seeing our business as a living, breathing organism that she needs to raise and look after much as she would a child.

We need to grow with radical resonance .

What does feel good ?

What makes good vibes swing?

Clear your heart _Durga

How to manifest from the heart.

With our love . What we love will grow. That is the new way of the golden Age.

Clear your energies _Durga

We need to clear our energies fields to be able to be focused and clear.

Learn a simple technique to clear your aura in 10 min every day and stay with yourself.

Feel it in your body _dance and feel it _Samiel

Through intuitive dance, we return to our innate connection to nature, rhythms and elements. We develop clarity and courage using the body as our “gps” to take actionable steps in feeling whether or not to proceed with the idea.

7.00 pm – 9.00pm

9 PM Speaker evening

15 Min : Caroline

9.00pm – Networking with Purpose

Get to know one another. Set your Intention.

Day Two :: Friday 12.10.2018

7.30 am Body Work

8.15-9.15 am Breakfast

9.30 am Soultalks : BODY

Finding your rhythm

Burnout over

Seminar

Stillness _Durga

Finding your stillness and relaxation

Your daily rhythm type _ Durga

1.30–3.00 pm Lunch

3.00 pm – 6.00pm

Womb opening - Samiel

Your creation power is your womb

Red Roots

Grounded deep ins your sensuality - **Durga**

Stand strong,

6.00 pm 7.30 pm – Dinner

Soulworkshops : BODY

20:00 Speaker _15 min Samiel - Dance the inner fire

20:00 Speaker _ 15 Min Nohila - Find your inner rhythm

9.00pm – Networking with Purpose

Dancing around Fire: Sharing our visions

Day Three :: Saturday 13.10.2018

7.30 am Body Work

8.15-9.15 am Breakfast

10.30 am – 1.30

Finding your power

Collect your power _Durga

Mediation

Your Creation Rhythm _ Durga & Nohila

The rhythm of birthing - the process of giving birth to ideas and concepts and how this relates to the birthing process and what obstacles come from that.

1.30-3.00 pm - Lunch

3.00 pm – 6.00pm

Your Yogini Power _Durga

Embody her

Know her

See her

Bodymapping

How can your yogini power can help you with leadership

6.00 pm 7.30 pm – Dinner

8.00 pm

20:00 Speaker - Durga

15 Min

We Built our Yogini Temple _Durga

Yogini Initiation _Durga

Yogini Party

9.00 pm

Yogini and Yogi festival Party:

We come dressed as enlightened Yoginis and Yogis

DAY FOUR :: Sunday 14.10.2018

7.30 am Body Work - **Samiel**

8.15-8.45 am Small Breakfast

10.30 am -1.30 pm

Women empowerment : women speak their Truth

Circles of healing _

Holding the space for other women suffering with Healing grief , loss, anger ,

Dance : We dance it into our body - Samiel

Manifestation Ritual - Durga

13.30 pm 3.00 pm – Lunch

15.00 Vision Temple

Closing ceremony

Ending : 16.00